

MORNING SNACK MENU October 2019



STARTING POINT MONTESSORI CENTER										
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
		1 Oatmeal (Original)	2 Raisin Bran Cereal With Bananas	3 Pancakes w/Maple Syrup	4 Buttered Toast (Wheat Bread)	5				
		2% Milk	2% Milk	2%Milk / Water	With Grape Jelly 2%Milk / Cran-Apple Juice					
6	7 Corn Flakes Cereal w/Sliced Bananas	Rice Krispies Cereal w/Sliced Bananas	9 Cheerios Cereal w/Sliced Bananas	10 Pancakes w/Maple Syrup	11 Buttered Toast (Wheat Bread)	12				
	2% Milk	2% Milk	2% Milk	2% Milk / Water	With Grape Jelly 2% Milk / Cran-Apple Juice					
13	14 Breakfast Bar (Multi-grain) Apple Slices	15 Oatmeal (Apple Cinnamon) Apple Slices	16 Breakfast Biscuits (Cinnamon Brown Sugar)	17 Pancakes w/Maple Syrup	18 Buttered Toast (Wheat Bread) With Grape Jelly	19				
	2% Milk / Apple Juice	2% Milk / Water	2% Milk / Water	2 % Milk / Water	2 % Milk / Cran-Apple Juice					
20	21 Honeynut Cheerios Cereal Apple Slices	22 Fruit Loop Cereal Apple Slices	23 Granola Bar Apple Slices	24 Pancakes w/Maple Syrup	25 Buttered Toast (Wheat Bread) With Grape Jelly	26				
	2% Milk	2% Milk	2% Milk / Water	2% Milk / Water	2% Milk / Cran-Apple Juice					
27	28 Raisin Bran Cereal	29 Cheerios Cereal	30 Oatmeal	Pancakes w/Maple Syrup		NOTE:				
	w/Sliced Apples	w/Sliced Bananas	(Apple Cinnamon) Apple Slices	w/maple by/up		NOTE: Menu is subject				
	2% Milk	2% Milk	2% Milk / Water	2% Milk / Water 31		to change.				

Beverages: Water is included with the option of Milk and Juice



AFTERNOON SNACK MENU October 2019



STARTING POINT MONTESSORI CENTER										
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
_		1	2	3	4	5				
		Honey Graham	Mango Jello	Peanut Butter	Chicken Ramen					
		Crackers	w/Mixed Fruit	& Jelly Sandwiches	Noodles					
		Apple Slices	Cheese Crackers	on Wheat Bread	w/Crackers					
		Milk / Fruit Punch	Fruit Punch	Milk/Cran-Grape Juice	Fruit Punch					
6	7	8	9	10	11	12				
	Pretzels	Buttered Popcorn	Animal Crackers	Peanut Butter	Spaghetti Noodles					
	Oranges	Mixed Fruit	Apple Sauce	& Jelly Sandwiches	w/Ground Turkey					
				on Wheat Bread	Oranges					
	Apple Juice	Fruit Punch	Apple Juice	Milk/Cran-Grape Juice	Apple Juice					
13	14	15	16	17	18	19				
13	Chedder	Pepperoni	Pretzels	Peanut Butter	Beef Bologna	19				
	Cheese Balls	Pizza Rolls	Apple Slices	& Jelly Sandwiches	Sandwiches					
	Apple Slices	1 1224 110110	Apple Glicco	on Wheat Bread	on Wheat Bread					
	Cran-Grape Juice	Cran-Grape Juice	Cran-Grape Juice	Milk/Cran-Grape Juice	Cran-Grape Juice					
20	21	22	23	24	25	26				
	Animal Crackers	Chedder	Buttered Popcorn	Peanut Butter	Turkey Sandwich					
	Apple Sauce	Cheese Balls	Mixed Fruit	& Jelly Sandwiches	on Wheat					
		Apple Sauce		on Wheat Bread	(Salad Dressing)					
	Milk / Apple Juice	Milk / Apple Juice	Fruit Punch	Milk/Cran-Grape Juice	Apple Juice					
27	28	29	30	31						
		Chicken Ramen	Cheese Toast			NOTE:				
		Noodles		God Creation Party		Menu is subject				
		w/Crackers	Apple Juice / Water							
		5 "5 '				to change.				
		Fruit Punch								

Beverages: Water is included with the option of Milk and Juice

