



MORNING SNACK MENU

September 2019



STARTING POINT MONTESSORI CENTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 NO SCHOOL Labor Day Holiday	3 NO SCHOOL	4 WELCOME BREAKFAST Granola Bars Muffins & Mixed Fruit Milk / O.J.	5 Pancakes w/Maple Syrup Fruit Bowl Milk / Cranapple	6 Cheerios Cereal Fruit Bowl Milk/Cran-Apple Juice	7
8	9 Bisquits w/Grape Jelly Apple Slices Milk / O.J.	10 Instant Grits & Wheat Toast Apple Slices Milk / O.J.	11 Instant Oatmeal & Wheat Toast Oranges Milk / O.J.	12 Rice Krispies Cereal Strawberries Milk / O.J.	13 Cheese Toast (Wheat Bread) Strawberries Milk / O.J.	14
15	16 Rice Krispies Cereal w/Sliced Bananas Milk / Apple Juice	17 Wheat Toast w/Grape Jelly Apple Slices Milk / Apple Juice	18 Apple Jacks Cereal Apple Slices Milk / Apple Juice	19 Instant Oatmeal Wheat Toast & Apple Slices Milk / Apple Juice	20 Graham Crackers Apple Slices Milk / Apple Juice	21
22	23 Corn Flakes Cereal Apple Slices Milk/Cran-Apple Juice	24 Pancakes w/Maple Cereal Apple Slices Milk / Cran-Apple Juice	25 Breakfast Bar (Multi-grain) Apple Slices Milk / Cran-Apple Juice	26 Cheese Toast (Wheat Bread) Apple Slices Milk/Cran-Apple Juice	27 Cheerios Cereal w/Sliced Bananas Milk/Cran-Grape Juice	28
29	30 Bisquits w/Grape Jelly Apple Slices Milk / O.J.					NOTE: <i>Menu is subject to change.</i>

Beverages: Water is included with the option of Milk and Juice



AFTERNOON SNACK MENU

September 2019



STARTING POINT MONTESSORI CENTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	NO SCHOOL Labor Day Holiday	NO SCHOOL	4 Mango Jello w/Mixed Fruit Cheese Crackers Fruit Punch	5 Pepperoni Pizza Rolls Apple Slices Fruit Punch	6 Chicken Ramen Noodles w/Crackers Fruit Punch	7
8	9 Pretzels Oranges Apple Juice	10 Buttered Popcorn Mixed Fruit Fruit Punch	11 Animal Crackers Apple Sauce Apple Juice	12 Turkey Sandwich on Wheat Oranges Apple Juice	13 Spaghetti Noodles w/Ground Turkey Oranges Apple Juice	14
15	16 Cheddar Cheese Balls Apple Slices Cran-Grape Juice	17 Pepperoni Pizza Rolls Cran-Grape Juice	18 Pretzels Apple Slices Cran-Grape Juice	19 Peanut Butter & Jelly Sandwiches on Wheat Bread Milk/Cran-Grape Juice	20 Beef Bologna Sandwiches on Wheat Bread Cran-Grape Juice	21
22	23 Animal Crackers Apple Sauce Milk / Apple Juice	24 Cheddar Cheese Balls Apple Sauce Milk / Apple Juice	25 Buttered Popcorn Mixed Fruit Fruit Punch	26 Chicken Ramen Noodles w/Crackers Fruit Punch	27 Turkey Sandwich on Wheat (Salad Dressing) Apple Juice	28
29	30 Buttered Popcorn Mixed Fruit Fruit Punch					NOTE: <i>Menu is subject to change.</i>

Beverages: Water is included with the option of Milk and Juice