



Starting Point Montessori Center

MORNING SNACK MENU



****FEBRUARY 2019****

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Rice Krispies Cereal Banana Slices Milk	3
3	4 Pancakes Maple Syrup Fruit Cup Milk	5 Apple Cinnamon Oatmeal Apple Slices Milk	6 Corn Flakes Cereal Peaches Milk	7 Granola Breakfast Bars Apple Slices Milk	8 Waffles Maple Syrup Strawberries Milk	9
10	11 Muffins Apple Slices Milk	12 Corn Flakes Cereal Banana Slices Orange Juice Milk	13 Pancakes Maple Syrup Orange Juice Milk	14 Toast Apple Slices Orange Juice Milk	15 Grits Toast Orange Juice Milk	16
17	18 French Toast Maple Syrup Pineapples Milk	19 Muffins Apple Slices Milk	20 Cheerios Cereal Apple Slices Milk	21 Oatmeal Toast Apple Slices Milk	22 Rice Krispies Cereal Apple Slices Milk	23
24	25 Oatmeal Toast Peaches Milk	26 Cheese Toast Applesauce Milk	27 Corn Flakes Cereal Banana Slices Milk	28 Waffles Maple Syrup Apple Sauce Milk	<u>SERVING:</u> 100% Juice 1% Milk Whole Wheat Bread Whole Grain Muffin	PLEASE NOTE: This menu is subject to change.



Starting Point Montessori Center

AFTERNOON SNACK MENU



****FEBRUARY 2019****

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Chex Mix Pineapples Milk	2
3	4 Peanut Butter & Jelly Sandwich Apple Slices Milk	5 Chicken Tenders Apple Slices Juice/Water	6 Pretzels Orange Slices Milk	7 Carrots/Celery Veggie Dip Apple Slices Milk	8 Turkey Sandwich Carrots Sticks Apple Slices Milk	9
10	11 Cheese Crackers Apple Sauce Milk	12 Cheese Pizza Rolls Apple Sauce Milk	13 Peanut Butter/Jelly Sandwich Apple Slices Milk	14 Chicken Flavored Ramen Noodles Crackers Apple Sauce Milk	15 Chex Mix Pineapples Milk	16
17	18 Animal Crackers Apple Slices Milk	19 Jello w/ Peaches Milk	20 Muffins Apple Sauce Milk	21 Pretzels Orange Slices Milk	22 Cheese Crackers Apple Sauce Milk	23
24	25 Peanut Butter & Jelly Sandwich Apple Slices Milk	26 Cheese Crackers Apple Sauce Milk	27 Pretzels Orange Slices Milk	28 Chex Mix Pineapples Milk	SERVING: 100% Juice 1% Milk Whole Wheat Bread Whole Grain Muffin Wheat Crackers	PLEASE NOTE: This menu is subject to change.