



MORNING SNACK MENU

October 2018



STARTING POINT MONTESSORI CENTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Kellog Red Berries Breakfast Bar Milk / CranApple Juice	2 Instant Oatmeal w/Strawberries Milk / CranApple Juice	3 Instant Grits Wheat Toast w/Butter Milk / Orange Juice	4 Wheat Toast w/Grape Jelly Milk / Orange Juice	5 Donuts Apple Slices Milk / CranApple Juice	6
7	8 Cheerios Cereal w/Sliced Bananas Milk / CranApple Juice	9 Rice Krispies Cereal w/Sliced Bananas Milk / CranApple Juice	10 Cinnamon Toast With/Butter Milk / Apple Juice	11 Apple Jack Cereal Apple Slices Milk / Juice	12 Cheerios Cereal w/Fruit Cup Milk / CranApple Juice	13
14	15 Corn Flakes w/Sliced Bananas Milk / Orange Juice	16 Pancakes w/Maple Milk / Orange Juice	17 Cheese Toast on Wheat Bread Milk / CranGrape Juice	18 Instant Oatmeal w/Strawberries Milk / CranApple Juice	19 Multi-Grain Breakfast Bar Apple Slices Milk / Orange Juice	20
21	22 Instant Oatmeal w/Strawberries Milk / CranApple Juice	23 Instant Grits Wheat Toast w/Butter Milk / Orange Juice	24 Corn Flakes w/Sliced Bananas Milk / Orange Juice	25 Cheese Toast On Wheat Bread Apple Slices Milk / CranApple Juice	26 Blueberry Muffins Mixed Fruit Cup Milk / Orange Juice	27
28	29 Wheat Toast w/Jelly Apple Slices Milk / CranApple Juice	30 Multi-Grain Breakfast Bar Apple Slices Milk / Orange Juice	31 Cheerios Cereal w/Sliced Bananas Milk / CranApple Juice			NOTE: <i>Menu is subject to change.</i>

Beverages: Water is included with the option of Milk and Juice



AFTERNOON SNACK MENU

October 2018



STARTING POINT MONTESSORI CENTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Mango Jello w/Mixed Fruit Cheese Crackers Fruit Punch	2 Chicken Ramon Noodles Carrot Sticks Milk / Grape Juice	3 Peanut Butter & Jelly On Wheat Bread Milk / Apple Juice	4 Mango Jello w/Mixed Fruit Milk / Apple Juice	5 Honey Graham Crackers Apple Slices Milk / Juice	6
7	8 Pretzels Apple Slices Milk / Grape Juice	9 Mango Jello w/Mixed Fruit Milk / Apple Juice	10 Fruit Flavored Ice Pop Animal Crackers Milk / Juice	11 Turkey Sandwich On Wheat Bread Salad Dressing Milk / Fruit Punch	12 Glazed Donuts Apple Sauce Milk/Juice	13
14	15 Honey Graham Crackers Orange Slices Milk / Fruit Punch	16 Pretzels Apple Slices Milk / Water	17 Beef Bologna Sandwich On Wheat Bread Milk / Apple Juice	18 Animal Crackers Apple Slices Milk / Hawaiian Punch	19 Cupcake Mixed Fruit Milk/Fruit Punch	20
21	22 Peanut Butter & Jelly On Wheat Bread Milk / Juice	23 Turkey Sandwich On Wheat Bread Salad Dressing Milk / Grape Juice	24 Animal Crackers Apple Slices Milk / Hawaiian Punch	25 Beef Bologna Sandwich On Wheat Bread Milk / Apple Juice	26 Cheddar Cheese Balls Apple Slices Milk / Grape Juice	27
28	29 Buttered Popcorn Mixed Fruit Cup Milk / Juice	30 Pepperoni Pizza Rolls Milk / Fruit Punch	31 Cheddar Cheese Puffs Milk / Juice			<u>NOTE:</u> <i>Menu is subject to change.</i>

Beverages: Water is included with the option of Milk and Juice